



# Community Podiatry Service



# What is Podiatry?



The Community Service provides podiatry which is a foot health service for conditions affecting the foot and lower limb. It is delivered at several clinics in Hillingdon



A limited transport service is provided for disabled patients unable to travel without assistance to the clinic locations. Home Visits for patients who are housebound can also be arranged

Conditions that may put the feet at high risk include

- Diabetes Heart conditions
- Stroke
- Rheumatoid arthritis
- A history of foot ulceration or infection
- Peripheral vascular disease
- Lowered immunity
- Neurological conditions
- Foot deformity

# The Service offers



- Basic foot care, including nail cutting and corn and callus removal for people who are at high risk of ulceration and amputation
- Podiatrists are wound care specialists treating wounds on the feet
- Preventing ulceration with offloading pressure on the feet
- Assessing the circulation and sensation feelings in the lower limb
- Nail surgery , this is in-growing toenail removal under local anaesthetic for both adults and children aged 5 years and above
- Patient education
- Diabetes foot screening
- Treatment for biomechanical (muscle/tendon/bone) problems which affect the way you walk
- Assessment and prescriptions for Orthotics

# Access to Podiatry Services

You can be referred to the Podiatry service by:

- Filling in a self- referral form
- Be referred by your GP
- Be referred by your Healthcare Professional

## Changing or cancelling your appointment



**The contact number for the Podiatry service is:  
01895 485005**

If your first appointment has been booked via Choose and Book and you need to change it, please contact:

- The choose and book appointment line on: 0345 60 8888
- Go online <http://www.chooseandbook.nhs.uk/>
- Textphone: 0345 85 02250

Please inform us if you cannot attend your appointment so that another patient can be offered the appointment slot.

**If you fail to attend your appointment without letting us know, we will discharge you and inform your GP.**

## To make comments or complaints:

### Patient Advice and Liaison Service (PALS)

You can talk to our Patient Advice and Liaison Service if you have any comments, compliments or complaints about the service.

This is how you can tell them:

### Write to:

Patient Advice and Liaison Service  
Hillingdon Community Health  
Kirk House  
97-109 High Street  
Yiewsley  
UB7 7HJ

Phone: 01895 488555

Email: [cnw-tr.hchpals@nhs.net](mailto:cnw-tr.hchpals@nhs.net)

